



# WESTERN NORTH CAROLINA DULCIMER COLLECTIVE

## 2026 – 2nd Quarter Newsletter

The Western North Carolina Dulcimer Collective is a member-supported group of players of mountain and hammered dulcimers, and those who enjoy listening to dulcimers and/or playing other traditional instruments with them. The group meets once per month to share tunes and information. Dues are \$5.00 per year payable to *WNCDC* – Mail checks to Carl Cochrane, 3239 Heritage Circle, Hendersonville, NC 28739-3553.

### DULCIMER CLUB NEWS

#### MONTHLY TUNES:

April 12<sup>th</sup>: *Rise and Shine / Arky Arky*. Since Easter is this month, here's a well-known children's camp song about Noah's Ark. The earliest version of the song dates to at least 1874, but that version doesn't include the Noah lyrics, which appear to have been added in the twentieth century.

May 10<sup>th</sup>: *Dunderbeck*. Another macabre song, this one about sending long-tailed rats, pussycats and ...husbands... to their demise. Happy Mother's Day! (Based on a 19<sup>th</sup>-century English and Scottish drinking song, "*Son Of a Gambolier*", as was "*Ramblin' Wreck from Georgia Tech*".)

June 14<sup>th</sup>: *Winstor Processional*. Used for a processional dance in the village of Winstor, Derbyshire, England since well before 1863, it was collected by folklorist Cecil Sharp with four other dances and tunes when he visited in 1908. It has since become the standard processional tune for many Morris teams in the United States. The ditty on the lyrics page is sometimes sung before the dance.

#### SONG REVIEW SCHEDULE

April:	Sarasponda	(4 <sup>th</sup> Quarter, 2001)
	Schlof, Bobeli	(2 <sup>nd</sup> Quarter, 2000)
	Scraping Up Sand at the Bottom of the Sea	(2 <sup>nd</sup> Quarter, 2005)
May:	Señora Santana	(2 <sup>nd</sup> Quarter, 2011)
	She Is Far From The Land	(1 <sup>st</sup> Quarter, 2000)
	Shoot the Buffalo	(2 <sup>nd</sup> Quarter, 2008)
June:	Single Girl	(2 <sup>nd</sup> Quarter, 2018)
	Sir Lionel	(1 <sup>st</sup> Quarter, 2020)
	The Snouts and Ears of America	(3 <sup>rd</sup> Quarter, 2012)

## Rise and Shine / Arky Arky

1. The Lord told Noah,  
there's gonna be a floody, floody.  
Lord told Noah,  
there's gonna be a floody, floody.  
Get those animals  
out of the muddy, muddy,  
Children of the Lord.

### Refrain:

So rise and shine,  
and give God the glory, glory.  
Rise and shine,  
and give God the glory, glory.  
Rise and shine,  
and give God the glory, glory,  
Children of the Lord.

2. The Lord told Noah  
to build him an arky, arky.  
Lord told Noah  
to build him an arky, arky.  
Build it out of  
gopher barky, barky,  
Children of the Lord.

### Refrain

3. The animals, the animals,  
they came in by twosies, twosies.  
Animals, the animals,  
they came in by twosies, twosies,  
elephants and  
kangaroosies, roosies,  
Children of the Lord.

### Refrain

4. It rained and poured  
for forty daysies, daysies.  
Rained and poured  
for forty daysies, daysies.  
Almost drove those animals  
crazies, crazies,  
Children of the Lord.

### Refrain

5. The sun came out  
and dried up the landy, landy.  
(Look, there's the sun!)  
It dried up the landy, landy.  
Everything was  
fine and dandy, dandy,  
Children of the Lord.

### Refrain

*A well-known children's camp song about Noah's Ark. The earliest version of the song date to at least 1874, but that version doesn't include the Noah lyrics, which appear to have been added in the twentieth century.*

## Dunderbeck

1. There was a man named Dunderbeck,  
invented a machine,  
For grinding things to sausage meat  
and it was run by steam.  
Now kitchen cats and long-tailed rats  
will never more be seen,  
They'll all be ground to sausage meat  
in Dunderbeck's machine.

### Chorus:

Oh Dunderbeck, oh Dunderbeck,  
how could you be so mean  
To ever have invented  
the sausage meat machine?  
Now long-tailed rats and pussy cats  
will never more be seen,  
They'll all be ground to sausage meat  
in Dunderbeck's machine.

2. One day a little fat boy  
came walking in the store.  
He bought a pound of sausage  
and laid them on the floor.  
Then he began to whistle,  
he whistled up a tune,  
The sausages, they jumped, they barked,  
they danced around the room.

### Chorus

3. One day the thing got busted,  
the darn thing wouldn't go,  
And Dunderbeck, he crawled inside  
to see what made it so.  
His wife, she had a nightmare,  
she was walking in her sleep  
She gave a yank and turned the crank  
and Dunderbeck was meat.

### Chorus

*Another macabre song, this one about sending long-tailed rats, pussycats and ...husbands... to their demise. (Based on a 19th-century English and Scottish drinking song, "Son Of a Gambolier", as was "Ramblin' Wreck from Georgia Tech".)*

## Winster Processional

This is it and that is it  
And this is Morris dancing,  
The piper fell and he broke his neck  
And he said it was a chance Sir.

I do not know and I do not care  
What fun we had in Brada  
A piece of bread and an old cow's head  
And a pudding in the larder.

A savory loaf and an oaken pie  
That we had in Brada  
A bit for me and a bit for thee  
And a bit for the Morris dancers.

*The first mention of the Morris processional dance in the village of Winster (Derbyshire, England) is in 1863, however, it was considered to have been well-established at the time. It was collected by folklorist Cecil Sharp with four other dances and tunes when he visited in 1908. It has since become the standard processional tune for many Morris teams in the United States. This ditty is sometimes sung before the dance.*



Mountain Dulcimer: D-A-dd and D-A-AA

Arrangement: Steve Smith

	D							G			A						
	Rise	and		shine	and		give	God	the		glo-ry,	glo-ry,					
Notes	A	F#	A	-	A	F#	A	-	A	B	B	-	A	B	A	B	A
D-A-dd	0	0	0	-	0	0	0	-	0	3	3	-	3	4	4	4	4
	0	0	0	-	0	0	0	-	0	3	3	-	3	4	4	4	4
	4	2	4	-	4	2	4	-	4	5	5	-	4	5	4	5	4
D-A-AA	0	0	0	-	0	0	0	-	0	0	0	-	0	4	4	4	4
	0	0	0	-	0	0	0	-	0	6	6	-	6	0	0	0	0
	7	5	7	-	7	5	7	-	7	8	8	-	7	8	7	8	7

	D							G			A					
	Rise	and		shine	and		give	God	the		glo-ry,	glo-ry,				
	F#	A	-	A	F#	A	-	A	B	B	-	A	B	A	B	C#
	0	0	-	0	0	0	-	0	3	3	-	3	4	4	4	4
	0	0	-	0	0	0	-	0	3	3	-	3	4	4	4	4
	2	4	-	4	2	4	-	4	5	5	-	4	5	4	5	6+
	0	0	-	0	0	0	-	0	0	0	-	0	8	8	8	8
	0	0	-	0	0	0	-	0	6	6	-	6	0	0	0	0
	5	7	-	7	5	7	-	7	8	8	-	7	8	7	8	9

	D							G			D				
	Rise	and		shine	and		give	God	the		glo-ry,	glo-ry,			
	D	-	D	-	D	-	D	D	D	D	B	A	F#	A	
	0	-	0	-	0	-	0	0	0	0	0	0	0	0	
	5	-	5	-	5	-	5	6	6	6	5	4	2	4	
	7	-	7	-	7	-	7	7	7	7	5	4	2	4	
	9	-	9	-	9	-	9	10	10	10	0	0	0	0	
	0	-	0	-	0	-	0	0	0	0	0	0	0	0	
	10	-	10	-	10	-	10	10	10	10	8	7	5	7	

	D					A			D					
	Child- ren	of			the	Lord.								
	F#	A	-	-	F#	-	E	-	D	-	-	-	-	-
	0	0	-	-	1	-	1	-	0	-	-	-	-	-
	0	0	-	-	0	-	0	-	0	-	-	-	-	-
	2	4	-	-	2	-	1	-	0	-	-	-	-	-
	0	0	-	-	4	-	4	-	0	-	-	-	-	-
	0	0	-	-	0	-	0	-	0	-	-	-	-	-
	5	7	-	-	5	-	4	-	3	-	-	-	-	-

*Dunderbeck*

Mountain Dulcimer: D-A-dd and D-A-AA

Arrangement: Steve Smith

	D				D				D			
	Oh,	Dun-	der-beck,	oh	Dun-	der-beck,	how	could	you	be	so	mean,
Notes	A	D - D	D - E	F# - F#	F# - D	E - E	E - C#	D - - - -				
D-A-dd	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	0 0	
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	0 0	
D-A-AA	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	0 0	
	0 0	3 3	3 3	4 4	5 5	5 5	3 3	4 4	4 4	4 2	3 3	

	D				Em				A			
	To	ev-	er have	in-	vent-ed	the	sau-	sage	meat	ma-	chine.	
Notes	E	F# - F#	F# - G	A - A	A - - - A	A - E	E - F#	E - - - -				
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	1 1	
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	0 0	
	1 1	2 2	2 2	3 3	4 4	4 4	4 4	4 4	1 1	1 1	2 2	
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	5 5	5 5	5 5	5 5	
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	4 4	4 4	4 4	4 4	
	4 4	5 5	5 5	6 6	7 7	7 7	7 7	7 7	4 4	4 4	5 5	

	G				D				Bm				A	
	Now	long-	tailed	rats	and	puss-	y cats	will	nev-	er more	be	seen,	They'll	
Notes	A	B - B	B - G	A - A	A - F#	G - F#	E - D	E - - A						
	1 0	3 3	3 3	3 3	0 0	0 0	0 0	2 2	2 2	2 2	1 1	1 1		
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	0 0	0 0		
	4 4	5 5	5 5	3 3	4 4	4 4	2 2	3 3	2 2	1 1	0 0	1 1		
	4 0	0 0	0 0	0 0	0 0	0 0	0 0	5 5	5 5	5 5	5 5	4 4		
	0 0	6 6	6 6	6 6	0 0	0 0	0 0	3 3	3 3	3 3	3 3	0 0		
	7 7	8 8	8 8	6 6	7 7	7 7	5 5	6 6	5 5	4 4	3 3	4 4		

	D				A				D			
	all	be	ground	to	sau-	sage	meat	in	Dun-	der-beck's	ma-	chine.
Notes	D - D	D - E	F# - F#	F# - D	E - E	D - C#	D - - - -					
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	1 1	0 0
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	2 2	0 0
	0 0	0 0	0 0	1 1	2 2	2 2	0 0	1 1	1 1	0 0	2 2	0 0
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	1 1	1 1	1 1	1 1	0 0
	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	3 3	3 3	3 3	4 4	5 5	5 5	3 3	4 4	4 4	3 3	2 2	3 3

Mountain Dulcimer: D-A-dd and D-A-AA

Arrangement: Steve Smith  
Morris Tune

	D				A				D				A				D			
	D - A - A - B C#				D - A - A - B C#				D - A - A - G -				F# - - - D - - -							
D-A-dd	0	0	4	4 4	0	0	4	4 4	0	0	1	1	0	0			0	0		
	0	0	4	4 4	0	0	4	4 4	0	0	0	0	0	0			0	0		
	7 -	4 -	4 -	5 6+	7 -	4 -	4 -	5 6+	7 -	4 -	4 -	3 -	2 -	-	-	-	2 -	-	-	0 - - -
D-A-AA	7	7	8	8 8	7	7	8	8 8	7	7	4	4	0	0			0	0		
	0	0	0	0 0	0	0	0	0 0	0	0	4	4	0	0			0	0		
	10 -	7 -	7 -	8 9	10 -	7 -	7 -	8 9	10 -	7 -	7 -	6 -	5 -	-	-	-	5 -	-	-	3 - - -

	D				A				D				A				D			
	D - A - A - B C#				D - A - A - B C#				D - A - A - G -				F# - - - D - - -							
	0	0	4	4 4	0	0	4	4 4	0	0	1	1	0	0	6		0	0		
	0	0	4	4 4	0	0	4	4 4	0	0	0	0	0	0	0		0	0		
	7 -	4 -	4 -	5 6+	7 -	4 -	4 -	5 6+	7 -	4 -	4 -	3 -	2 -	-	-	-	2 -	-	-	0 - - -
	7	7	8	8 8	7	7	8	8 8	7	7	4	4	0	0	6		0	0		
	0	0	0	0 0	0	0	0	0 0	0	0	4	4	0	0	0		0	0		
	10 -	7 -	7 -	8 9	10 -	7 -	7 -	8 9	10 -	7 -	7 -	6 -	5 -	-	-	-	5 -	-	-	3 - - -

	G				D				A				D							
	G - B - B - A G				F# - A - A - G F#				E - - F# G - A -				F# - - - D - - -							
	3	3	3	3 3	0	0	0	0 0	1	1	1	1	0	0	6		0	0		
	3	3	3	3 3	0	0	0	0 0	0	0	0	0	0	0	0		0	0		
	3 -	5 -	5 -	4 3	2 -	4 -	4 -	3 2	1 -	-	2 3 -	4 -	2 -	-	-	-	2 -	-	-	0 - - -
	5	5	5	5 5	0	0	0	0 0	4	4	4	4	0	0	6		0	0		
	0	0	0	0 0	0	0	0	0 0	0	0	0	0	0	0	0		0	0		
	6 -	8 -	8 -	7 6	5 -	7 -	7 -	6 5	4 -	-	5 6 -	7 -	5 -	-	-	-	5 -	-	-	3 - - -

	G				D				A				D							
	G - B - B - A G				F# - A - A - G F#				E - - F# G - A -				F# - - - D - - -							
	3	3	3	3 3	0	0	0	0 0	1	1	1	1	0	0	0		0	0		
	3	3	3	3 3	0	0	0	0 0	0	0	0	0	0	0	0		0	0		
	3 -	5 -	5 -	4 3	2 -	4 -	4 -	3 2	1 -	-	2 3 -	4 -	2 -	-	-	-	2 -	-	-	0 - - -
	5	5	5	5 5	0	0	0	0 0	4	4	4	4	0	0	0		0	0		
	0	0	0	0 0	0	0	0	0 0	0	0	0	0	0	0	0		0	0		
	6 -	8 -	8 -	7 6	5 -	7 -	7 -	6 5	4 -	-	5 6 -	7 -	5 -	-	-	-	5 -	-	-	3 - - -



Western North Carolina  
Dulcimer Collective  
c/o Steve Smith  
607 East Blue Ridge Road  
East Flat Rock, NC 28726

## MEETING DATES

April 12, 2026

May 10, 2026

June 14, 2026

## MEETING LOCATION/TIME

Second Sunday of each month from 2:30-5:00 at  
The Folk Art Center Upstairs Gallery, Blue Ridge Parkway, Asheville

The Folk Art Center is located on the Blue Ridge Parkway at Milepost 382, about 1/2 mile North of US 70, just East of Asheville. Take I-40 Exit 55 to Highway 70, then left to the Parkway, or take I-240 Exit 7 and go East on Highway 70 to the Parkway. The Club meets in the upstairs gallery, across from the top of the ramp as you enter the Folk Art Center.

Handicapped Access is available: From Highway 70, go West from the Parkway just past the VA Medical Center to Riceville Road. Go to the Folk Art Center Service Entrance. A ramp leads to a second floor entrance next to where we set up.